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TRADEMAN EERTIFICATE OF MAILING BY "FIRST CLASS MAIL"

I hereby certify that this correspondence is being deposited with the United States Postal Service as first class mail in an envelope addressed to:

Box Missing Parts, Assistant Commissioner for Patenty, Washington, D.F. 20231, on April 22, 2002.

Vicki L. Andrews

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In the application of:

Roger DELUSIGNAN and Geffrey DAVIS

Serial No.:

10/042,766

Filing Date:

January 8, 2002

For:

SYSTEMS AND METHODS FOR

EVALUATING PATIENT-SPECIFIC INFORMATION AND PROVIDING

PATIENT MANAGEMENT RECOMMENDATIONS FOR HEALTHCARE PROVIDERS Examiner: To be Assigned

Group Art Unit: 3736

ORIGINALLY PRICES

PRELIMINARY AMENDMENT

Box Missing Parts Assistant Commissioner for Patents Washington, D.C. 20231

Dear Sir:

This is in response to Notice to file missing parts of nonprovisional application dated February 8, 2002, for which a response was set to expire on April 8, 2002. The Applicants respectfully request one month of extension of time. Required fee is submitted herewith. Accordingly, this response is timely filed.

Please enter the following preliminary amendment and remarks.

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I. AMENDMENT

Prior to examination of the above-captioned application please amend the patent application as follows:

In the Specification:

Please delete paragraphs 9-12 on page 3.

Please delete Figures 2-5 in their entirety.

Please replace the paragraph [23], beginning at page 6, with the following paragraph [23]:

--Once the population of patients has been defined, personal patient information is collected from the population of patients. The source of personal patient information is queried to gather information that is generally recognized by professional organizations as being associated with the preselected medical condition. In a preferred embodiment, the source of personal information is the patient themselves. By way of example, Table 1 as shown below is a model "risk assessment survey" for coronary artery disease, which may also be referred to herein as an "input collection tool".--

Immediately following new paragraph [23] please insert the following Table 1:

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Table 1 CAD Program – Risk Assessment Survey

□ Section 1 – Patient/Physician Information	Please comp	lete the following
Patient Name:		
What is the name of your physician:	Phone number if available:	
Is your physician a cardiologist:	Yes	☐ No
□ Section II – Predictors of Coronary Artery		ete the following
What is your LDL cholesterol level("bad" cholesterol)?	☐ More than 100 mg/dL	100 mg/dL or less
What is your HDL cholesterol level ("good" cholesterol)?	More than 35 mg/dL	35 mg/dL or less
What is your triglycerides level?	☐ More than 200 mg/dL	200 mg/dL or less
Is your blood pressure 130/80 or higher?	Yes	□ No
Do you currently smoke cigarettes?	Yes	□ No
Do you have diabetes or do you take medicines to control your blood glucose?	Yes	□ No
Has your doctor told that you have problems with the arteries (blood vessels) in your heart?	Yes	No
Have you ever had a heart attack?	Yes	□ No
Has your doctor told you that you have an enlarged heart or heart failure?	Yes	□ No
Have you been admitted to the hospital or visited the emergency department in the previous 12 months for a heart problem?	Yes	No
Did a first-degree relative (father, mother, brother, sister, son or daughter) have a heart attack before the age of 55 years?	Yes	□No

Please replace the paragraph [24], beginning at page 6, with the following paragraph [24]:

--As shown, the type of information collected in the risk assessment survey can be adapted for use in assessing a patient's risk of having or developing a given medical condition. Collectively, categorizing the risk, for example as low-medium-high, as well as establishing that the patient most likely already has the medical condition, is referred to herein as "risk assessment". For example, the survey depicted in Table 1 includes the following question:

"Has your doctor told you that you have problems with the arteries (blood vessels) in year heart?"--

Please replace the paragraph [25], beginning at page 7, with the following paragraph [25]:

--The next step in the system of the present invention is the input and processing of the personal patient information by the central system to generate the patient analysis outcome. The outcome can take any form, e.g., outcome that is visible on a computer screen or which may be printed and sent by mail or by fax to the healthcare provider. A sample letter that is sent to a physician following input and processing of personal patient information in a CAD system is shown below.

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Dear [Healthcare Provider]:

<customer>> is pleased to introduce the LifeMasters®
Coronary Artery Disease (CAD) Primary Prevention program;
a disease management intervention for <<customer>> patients.
This innovative program was established to reduce the incidence of angina, myocardial infarctions and strokes in patients at high risk for coronary artery disease (CAD).

LifeMasters' goal is to identify individuals who are at high risk for CAD and then support physicians in their care management of these patients. A high risk patient for CAD is defined by the American Heart Association an any individual with two or more cardiovascular risk factors (hypertension, hyperlipdemia, positive family history for CAD, current smoker, etc.) or having diabetes. Once a high risk patient is identified through an evidence-based risk assessment survey, the patient is enrolled in the following support program that facilitates the "best practice" management of that patient's CAD risk factors.

This primary prevention program for at risk CAD patients consists of the following components:

- 1) All patients who are 45 years of age or older are identified via the health plan's membership data;
- 2) These patients are sent the LM CAD risk assessment survey;
- 3) Upon completion of these surveys, patients are identified who are at high risk for the development of coronary artery disease (CAD) as defined by the American Heart Association;
- 4) In order to promote best practice clinical management of these at-risk patients, the identified personal physician of these patients is sent a follow-up LM CAD data collection tool for completion of patient-specific clinical data;
- 5) Upon return of this CAD data collection tool back to LM, the physician is sent a one page, patient-specific "best practice" set of recommendations based on the American Cardiology/ American Heart Association clinical guidelines;
- 6) This patient-specific CAD data collection tool and recommendation report is then sent to the physician every six months so the physician can longitudinally track the care management progress of his/her at-risk patients for CAD.

Enclosed with this cover letter is a CAD data collection tool for each of the patients in your practice that have been identified as high risk for the development of CAD. We want to thank you beforehand for your timely completion of these clinical data forms and hope they will be helpful in tracking the care of your patients.

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Please contact	with questions or
feedback about the program.	
We appreciate your support and le	ook forward to a successful program.
Sin	cerely,

LifeMasters Supported SelfCare, Inc.

Enclosure: CAD Data Collection Tool

As can be seen, the outcome, which would be attached to the letter, may be as simple as the identification of individual patients within the patient population that are determined to have a "high risk" of contracting the medical condition based on the information that was supplied.

Other types of outcome may include a more complete risk assessment of the entire population, such that individual members are categorized as having no risk, low risk, medium risk, high risk, or they are identified as already most likely having the medical condition.—

Please replace the paragraph [27], beginning at page 7, with the following paragraph [27]:

--Accordingly, shown below in Table 2, is an exemplary input collection device, a "Data Collection Form", for use in a CAD system. Included therein are queries that are chosen according to clinical guidelines for customizing the recommendations outcome in a way that will be most useful to the healthcare provider in treating a CAD patient. For convenience, if the recipient of the patient analysis outcome and the entity from which the patient management information input is sought are the same, then the steps of providing this outcome and seeking input can take place simultaneously.--

Immediately following new paragraph [27], please insert the following Table 2.

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÷ 3.3 4.

Table 2 CAD Program – Data Collection Form

Instructions:

Fill in the data collection date

Complete Section I: Correct the current information and/or supply missing

information, as applicable

Complete Section II: Check the "Yes" or "No" checkboxes for all items as

applicable

Complete Section III: Check the "Yes" or "No" checkboxes for all items as

applicable

Date:				-
Section 1 – Patient/Physician Inf	ormation	A Secretary Segurate Secretaria	5	
Patient Name:		AGE:	6.7 * * *	
Height:		Weight:	图3000000	**
Physician Name:				. Top * .
Physician Address:	-			T.,
Physician Phone Number:	FAX Nur		[15', F, 22.] C	
		47 - 19	ر ۽ آهي آهي آهي.	
Section II - Medical History /R	isk Factors			-
		To the state of the state o	Yeş	No
History of MI	/es 🔲 No 🔲	Hospitalization for MI in last 12 months		
History of CABG or angioplasty				
History of angina pectoris		· The Property (1985)		
History of positive stress test (ECG stress	test or echocardio	graphy stress test)		
History of diabetes		**********	<u> </u>	
Most recent HbA1c level is ≥ 8%				
History of hypertension	Yes 🗌 No 🗌	Is hypertension well controlled (BP \geq 130/85, if diabetes BP $>$ 130/80)		
History of hyperlipdemia		े , प्रका सम्मित्रकार्यः		
LDL-c within the past 12 months	Yes No	Is the LDL-c $< 100 \text{ mg/dL}$?		
Triglycerides within the past 12 months	Yes No	Is the triglycerides < 200 mg/dL?		
HDL-c within past 12 months	Yes No	Is the HDL-c ≥ 40 mg/dL		
Current smoker		75 S		
If the patient is a current smoker, is smok	ing cessation coun	seling given at every clinic appointment		
Section III – Medication Profile				
			Yes	No
Is the patient on antiplatelet therapy?		in the section of the	المختفوي بأنداع عااد	Sefer .
Is the patient on beta blocker therapy (if I	nistory of MI prese	nt)?		
Is the patient on statin therapy?				
Is the patient on nicotinic acid, fibrate or resin therapy				

Please replace the paragraph [28], beginning at page 8, with the following paragraph [28]:

--The next step in the system is the input and processing of the patient management information by the central system to generate the recommendations outcome. Shown below in Table 3 is a sample recommendations outcome for a CAD patient. Unlike other methods designed to diagnose and prognose a patient's condition, the recommendations outcome provides a summary of patient-specific information and evidence-based clinical recommendations for the patient's ongoing management. Accordingly, the recommendations outcome is based on previous research-studies and clinical evidence that individuals whose input meets certain criteria would be most appropriately managed according to certain guidelines. Any "diagnostic" information about a patient is provided directly from the patient or healthcare provider when the patient-specific input is collected. Likewise, any prognostic analysis of the patient on the basis of the information collected is left completely to the healthcare provider.—

Table 3

CAD Program Recommendations

Report Date:	CAD Clinical Recommendations for John Doe (ld:14) -Based	1.0U ->
data collected		~- ,
Past Medical History: (1) M	II (within last 12 months), (2) Angina, (3) Diabetes, and (4) Hype	rtension
These recommendations are	intended to assist physicians in clinical decision making by descr	ribing a
range of generally acceptable	e approaches for the management, or prevention of CAD.	

Indicator	Goal	Goal Met	Recommendations
MI (within last 12 months)	β-blocker therapy initiated	No	Post Recent MI History of MI within last 12 months. No β -blocker medication reported. The ACC/AHA recommends the initiation of β -blocker therapy ¹ .
Antiplatelet Therapy	Antiplatelet therapy initiated	Yes	Antiplatelet Therapy Antiplatelet therapy reported. No additional recommendations.
Hypertension	BP< 130/85 (< 130/80 for diabetes)	No .	Hypertension BP ≥130/85 reported. For uncomplicated hypertension, the JNC VI recommends the use of β-blocker and/or diuretics as first line therapy. As recommended by the ACC/AHA guidelines, for patients with known CAD titrate medication regimen to BP ≤ 130/85 (for diabetic
		-	patients, titrate BP to < 130/80). If patient also diagnosed with diabetes or CHF, consider ACE inhibitor medication as first line therapy. If patient has NYHA class II or III CHF, also consider adding β -blocker therapy ⁴ .
LDL-c	LDL-c < 100 mg/dL	No	Elevated LDL-c LDL-c level ≥ 100 mg/dL reported and patient on statin therapy. Recommend either titirating current medication, adding another lipid lowering medication or changing to alternative therapeutic regimen in order to achieve ACC/AHA recommended LDL-c level of < 100 mg/dL ^{1,2} .
Triglycerides	Triglycerides < 200 mg/dL	No -	Elevated Triglycerides Triglycerides level > 200 mg/dL reported. The ACC/AHA recommends gemfibrozil or niacin therapy for patients with HDL-c < 40 mg/dL and triglycerides level > 200 mg/dL, if no contraindications ^{1,2} .
HDL-c	HDL-c ≥ 40	No	Low HDL-c HDL-c level < 40 mg/dL reported. Currently on lipid lowering medication. If accompanying triglycerides levels > 200 mg/dL, the ACC/AHA Recommends gemfibrozil or niacin therapy ^{1,2} .
Diabetes	HbA1c < 8%	No	 Diabetes HbA1c ≥ 8% reported. The ADA recommends a HbA1c goal < 7%. The findings of the DCCT and UKPDS studies indicate that strict blood glucose control will prevent up to 70% of significant, kidney, eye, and neurological complications. These studies also indicate that every percentage point decrease in an individual's HbA1c level there is a 25% reduction in diabetes-related deaths, a 7% reduction in all-cause mortality and an 18% reduction in combined fatal and nonfatal myocardial infarction³.
Current Smoker	Non-smoker	Not Known	Smoking Cessation No response received. Assess the patient's smoking status and offer appropriate interventions if currently smoking ⁵ .
Obesity	BMI < 27 Kg/m ²	No	Regular exercise may reduce the risk of CAD Recommend low cholesterol, low fat diet

¹AHA/ACC/ACP-ASIM Guidelines for the Management of Patients with Chronic Unstable Angina and Acute MI (2000)

²National Cholesterol Education Program (NCEP – ATPIII) – 2001

³American Diabetes Association 2001

⁴The Sixth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC VI) -- 1997

Treating Tobacco Use and Dependence, U.S. Department of Heath and Human Services Clinical Guidelines -- 2000-

Serial No. 10/042,766 Docket No. 355592000200

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II. REMARKS

In the Notice to file Missing Parts of nonprovisional application the drawings have been objected to because of the failure to comply with the drawings rules. More specifically, it was stated that more than one figure is present and each figure is not labeled "Fig." with a consecutive Arabic numeral or an Arabic numeral and capital letter in the English alphabet (37 CFR 1.84(u)(1)). It was also stated that the drawings contain excessive text (37 CFR 1.84(o)).

To eliminate these objections and to put the information, presented in Figures 2-5 as filed, into more suitable and presentable form, the Applicants have amended the specification by incorporating Figures 2-5 into the body of the specification. Accordingly, this amendment does not constitute new matter.

III. SUMMARY

Attached hereto is a marked version of the changes made to the specification by the current amendment. The attached page is captioned "Version with markings to show changes made."

In the unlikely event that the patent office determines that extensions and/or other relief is required, applicant petition for any required relief including extensions of time and authorize the assistant commissioner to charge the cost of such petitions and/or fees due to our deposit account no. 03-1952 under order no. 355592000200. The assistant commissioner is not authorized to charge the cost of the issue fee to the deposit account.

Respectfully submitted,

April 22, 2002

By:

Laurie A. Axford

Registration No. 35.05

Registration No. 35,053

Morrison & Foerster LLP 3811 Valley Centre Drive Suite 500

San Diego, California 92130-2332

Telephone: (858) 720-5133 Facsimile: (858) 720-5125

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VERSION WITH MARKINGS TO SHOW CHANGES MADE

In the Specification:

Paragraphs 9-12 on page 3 have been deleted.

Figures 2-5 have been deleted in their entirety.

The paragraph [23], beginning at page 6, has been amended as follows:

Once the population of patients has been defined, personal patient information is collected from the population of patients. The source of personal patient information is queried to gather information that is generally recognized by professional organizations as being associated with the preselected medical condition. In a preferred embodiment, the source of personal information is the patient themselves. By way of example, [Figure 2] Table 1 as shown below is a model "risk assessment survey" for coronary artery disease, which may also be referred to herein as an "input collection tool".

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<u>Table 1</u> <u>CAD Program – Risk Assessment Survey</u>

Section 1 - Patient/Physician Information Please complete the following			
Patient Name:			
What is the name of your physician:	Phone number if available:		
Is your physician a cardiologist:	Yes	□No	
□ Section II - Predictors of Coronary Artery Disease Risk Please complete the following			
	والمنافعة المعالم المنافع المنافع المنافعة المنا	इत्या कर्णा प्रदेशीत हो। इत्ये हेती हुती हैती हैता हैती है के प्रवास के क्षेत्र के बेला है कर ल	
What is your LDL cholesterol level("bad" cholesterol)?	More than 100 mg/dL	100 mg/dL or less	
What is your HDL cholesterol level ("good" cholesterol)?	More than 35 mg/dL	1 1 33 mg/dL or less	
What is your triglycerides level?	More than 200 mg/dL	200 mg/dL or less	
Is your blood pressure 130/80 or higher?	Yes Discourse	No.	
Do you currently smoke cigarettes?	Yes	□No	
Do you have diabetes or do you take medicines to control your blood glucose?	Yes	□ No	
Has your doctor told that you have problems with the arteries (blood vessels) in your heart?	☐ Yes	□ No	
Have you ever had a heart attack?	☐ Yes · · · · · · · · · · · · · · · · · · ·	- No compares construction of the construction	
Has your doctor told you that you have an enlarged heart or heart failure?	Yes	□ No	
Have you been admitted to the hospital or visited the emergency department in the previous 12 months for a heart problem?	☐ Yes	□ No	
Did a first-degree relative (father, mother, brother, sister, son or daughter) have a heart attack before the age of 55 years?	☐ Yes	No	

The paragraph [24], beginning at page 6, has been amended as follows:

As shown, the type of information collected in the risk assessment survey can be adapted for use in assessing a patient's risk of having or developing a given medical condition.

Collectively, categorizing the risk, for example as low-medium-high, as well as establishing that the patient most likely already has the medical condition, is referred to herein as "risk assessment". For example, the survey depicted in [Figure 2] Table 1 includes the following question:

"Has your doctor told you that you have problems with the arteries (blood vessels) in year heart?"

The paragraph [25], beginning at page 7, has been amended as follows:

The next step in the system of the present invention is the input and processing of the personal patient information by the central system to generate the patient analysis outcome. The outcome can take any form, e.g., outcome that is visible on a computer screen or which may be printed and sent by mail or by fax to the healthcare provider. A sample letter that is sent to a physician following input and processing of personal patient information in a CAD system is shown [in Figure 3] <u>below</u>.

Dear [Healthcare Provider]:

<customer>> is pleased to introduce the LifeMasters®
Coronary Artery Disease (CAD) Primary Prevention program,
a disease management intervention for <<customer>> patients.
This innovative program was established to reduce the incidence of angina, myocardial infarctions and strokes in patients at high risk for coronary artery disease (CAD).

LifeMasters' goal is to identify individuals who are at high risk for CAD and then support physicians in their care management of these patients. A high risk patient for CAD is defined by the American Heart Association an any individual with two or more cardiovascular risk factors (hypertension, hyperlipdemia, positive family history for CAD, current smoker, etc.) or having diabetes. Once a high risk patient is identified through an evidence-based risk assessment survey, the patient is enrolled in the following support program that facilitates the "best practice" management of that patient's CAD risk factors.

This primary prevention program for at risk CAD patients consists of the following components:

- 1) All patients who are 45 years of age or older are identified via the health plan's membership data;
- 2) These patients are sent the LM CAD risk assessment survey.
- 3) Upon completion of these surveys, patients are identified who are at high risk for the development of coronary artery disease (CAD) as defined by the American Heart Association;
- 4) In order to promote best practice clinical management of these at-risk patients, the identified personal physician of these patients is sent a follow-up LM CAD data collection tool for completion of patient-specific clinical data;
- 5) Upon return of this CAD data collection tool back to LM, the physician is sent a one page, patient-specific "best practice" set of recommendations based on the American Cardiology/
 American Heart Association clinical guidelines;
- 6) This patient-specific CAD data collection tool and recommendation report is then sent to the physician every six months so the physician can longitudinally track the care management progress of his/her at-risk patients for CAD.

Enclosed with this cover letter is a CAD data collection tool for each of the patients in your practice that have been identified as high risk for the development of CAD. We want to thank you beforehand for your timely completion of these clinical data forms and hope they will be helpful in tracking the care of your patients.

Please contact with questions or feedback about the program.

We appreciate your support and look forward to a successful program.

Sincerely,

LifeMasters Supported SelfCare, Inc.

Enclosure: CAD Data Collection Tool

As can be seen, the outcome, which would be attached to the letter, may be as simple as the identification of individual patients within the patient population that are determined to have a "high risk" of contracting the medical condition based on the information that was supplied.

Other types of outcome may include a more complete risk assessment of the entire population, such that individual members are categorized as having no risk, low risk, medium risk, high risk, or they are identified as already most likely having the medical condition.

The paragraph [27], beginning at page 7, has been amended as follows:

Accordingly, shown below in [Figure 4] <u>Table 2</u>, is an exemplary input collection device, a "Data Collection Form", for use in a CAD system. Included therein are queries that are chosen according to clinical guidelines for customizing the recommendations outcome in a way that will be most useful to the healthcare provider in treating a CAD patient. For convenience, if the recipient of the patient analysis outcome and the entity from which the patient management information input is sought are the same, then the steps of providing this outcome and seeking input can take place simultaneously.

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Serial No. 10/042,766 Docket No. 355592000200

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<u>Table 2</u> <u>CAD Program – Data Collection Form</u>

Instructions:

Fill in the data collection date

Complete Section I: Correct the current information and/or supply missing

information, as applicable

Complete Section II: Check the "Yes" or "No" checkboxes for all items as

<u>applicable</u>

Complete Section III: Check the "Yes" or "No" checkboxes for all items as

<u>applicable</u>

Date:				
Section 1 – Patient/Physician Inf	formation	Time i nakritara sila yi sakishi		
Patient Name:			OB:	- residen
Height:	-	Weight:	, , = ',	
Physician Name:	·		4.1.	
Physician Address:				-1, ,1 -1,
Physician Phone Number:	FAX Nun	nber: Email:		,
				÷,.
Section II - Medical History /R	isk Factors	* * * * * * * * * * * * * * * * * * * *		
		- ७ क्र. १८ - क्र <u>ांच</u> कुळाडू कुळाडू के क्रांच्या के क्र	yYes ~	, <u>No</u>
History of MI	Yes No No	Hospitalization for MI in last 12 months		
History of CABG or angioplasty		たいさんち 気管		
History of angina pectoris		The Marie and the	<u>:</u>	
History of positive stress test (ECG stress	test or echocardio	graphy stress test)		
History of diabetes				
Most recent HbA1c level is > 8%				
History of hypertension	Yes No	Is hypertension well controlled (BP > 130/85, if diabetes BP > 130/80)		
History of hyperlipdemia		the second secon	·	Д.
LDL-c within the past 12 months	Yes No	Is the LDL-c < 100 mg/dL?		
Triglycerides within the past 12 months	Yes No	Is the triglycerides < 200 mg/dL?		
HDL-c within past 12 months	Yes No	Is the HDL-c > 40 mg/dL		
Current smoker				
If the patient is a current smoker, is smok	ing cessation couns	seling given at every clinic appointment		
Section III – Medication Profile		***************************************		
			Yes	No No
Is the patient on antiplatelet therapy?		s and the state of	N Y WEST	4 w
Is the patient on beta blocker therapy (if l	history of MI preser	nt)?		
Is the patient on statin therapy?				
Is the patient on nicotinic acid, fibrate or resin therapy				

The paragraph [28], beginning at page 8, has been amended as follows:

The next step in the system is the input and processing of the patient management information by the central system to generate the recommendations outcome. Shown [in Figure 5] below in Table 3 is a sample recommendations outcome for a CAD patient. Unlike other methods designed to diagnose and prognose a patient's condition, the recommendations outcome provides a summary of patient-specific information and evidence-based clinical recommendations for the patient's ongoing management. Accordingly, the recommendations outcome is based on previous research-studies and clinical evidence that individuals whose input meets certain criteria would be most appropriately managed according to certain guidelines. Any "diagnostic" information about a patient is provided directly from the patient or healthcare provider when the patient-specific input is collected. Likewise, any prognostic analysis of the patient on the basis of the information collected is left completely to the healthcare provider.

Table 3

CAD Program Recommendations

Report Date: CAD Clinical Recommendations for John Doe (id:17) Based on data collected

Past Medical History: (1) MI (within last 12 months), (2) Angina, (3) Diabetes, and (4) Hypertension These recommendations are intended to assist physicians in clinical decision making by describing a

range of generally acceptable approaches for the management, or prevention of CAD.

<u>Indicator</u>	Goal	Goal	Recommendations
	 	Met	
MI (within	β-blocker therapy initiated	<u>No</u>	Post Recent MI
last 12			History of MI within last 12 months. No β-blocker medication
months)			reported. The ACC/AHA recommends the initiation of β-blocker
			therapy ¹ .
Antiplatelet	Antiplatelet therapy	<u>Yes</u>	Antipiatelet i nerapy
Therapy	initiated		Antiplatelet therapy reported. No additional recommendations.
Hypertension	BP< 130/85 (< 130/80 for	No.	<u>Hypertension</u>
	diabetes)	ì	BP ≥130/85 reported. For uncomplicated hypertension, the JNC VI
- 1		1	recommends the use of β -blocker and/or diuretics as first line therapy.
4.			As recommended by the ACC/AHA guidelines, for patients with
* 1.		المهماء	known CAD titrate medication regimen to BP < 130/85 (for diabetic
•	-		patients, titrate BP to < 130/80). If patient also diagnosed with diabetes
		ļ	or CHF, consider ACE inhibitor medication as first line therapy. If
			patient has NYHA class II or III CHF, also consider adding β -blocker
			therapy⁴.
LDL-c	LDL-c < 100 mg/dL	No	Elevated LDL-c
			LDL-c level > 100 mg/dL reported and patient on statin therapy.
			Recommend either titirating current medication, adding another lipid
			lowering medication or changing to alternative therapeutic regimen in
	1		order to achieve ACC/AHA recommended LDL-c level of < 100
			$mg/dL^{1,2}$.
Triglycerides	Triglycerides < 200 mg/dL	No	Elevated Triglycerides
			Triglycerides level > 200 mg/dL reported. The ACC/AHA
			recommends gemfibrozil or niacin therapy for patients with HDL-c <
			40 mg/dL and triglycerides level > 200 mg/dL, if no
		l	contraindications ^{1,2} .
HDL-c	HDL-c > 40	No	Low HDL-c
			HDL-c level < 40 mg/dL reported. Currently on lipid lowering
			medication. If accompanying triglycerides levels > 200 mg/dL the
			ACC/AHA Recommends gemfibrozil or niacin therapy ^{1,2} .
Diabetes	HbA1c < 8%	No	Diabetes
		İ	HbA1c > 8% reported. The ADA recommends a HbA1c goal <
			7%. The findings of the DCCT and UKPDS studies indicate that
	İ	ļ	strict blood glucose control will prevent up to 70% of significant,
			kidney, eye, and neurological complications. These studies also
		}	indicate that every percentage point decrease in an individual's
		1	HbA1c level there is a 25% reduction in diabetes-related deaths, a
			7% reduction in all-cause mortality and an 18% reduction in
			combined fatal and nonfatal myocardial infarction ³ .
Current	Non-smoker	Not	Smoking Cessation
Smoker	1	Known	No response received. Assess the patient's smoking status and offer
	\		appropriate interventions if currently smoking ⁵ .
Obesity	$BMI < 27 \text{ Kg/m}^2$	No	Regular exercise may reduce the risk of CAD

AHA/ACC/ACP-ASIM Guidelines for the Management of Patients with Chronic Unstable Angina and Acute MI (2000)

²National Cholesterol Education Program (NCEP – ATPHI) – 2001

³American Diabetes Association 2001

⁴The Sixth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood

Pressure (JNC VI) - 1997

⁵Treating Tobacco Use and Dependence, U.S. Department of Heath and Human Services Clinical Guidelines - 2000-

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